

Services for Older People



CHOICE

206 Stamford Street
Ashton-u-Lyne, Lancs OL6 6QL

0161 339 5355

Independent information on residential care homes, sheltered accommodation and home care options for older people.

HOME CARE/HOME HELPS

Tameside Council
Council Offices
Wellington Road
Ashton-u-Lyne, Lancs OL6 6DL

0161 342 2426

www.tameside.gov.uk

Existing clients call the number above. New enquiries call 0161 342 2400. Provides help with cleaning, shopping and personal care. Special assistance for people coming out of hospital, or people with particular difficulties.

MEALS ON WHEELS

Tameside Council
Hyde Town Hall
Market Street
Hyde, Cheshire SK14 1AL

0161 342 2443

www.tameside.gov.uk

Provision of daily hot meals to elderly or housebound clients.

MOBILE WARDENS

Tameside Council
Council Offices
Wellington Road
Ashton-u-Lyne, Lancs OL6 6DL

0161 342 5100 or

FREEPHONE 0800 328 9292

Provides a 24 hour emergency service. Many Council services can now be accessed via their website.